

WHAT TO BRING

<input type="checkbox"/>	Hat
<input type="checkbox"/>	Sunglasses with a strap
<input type="checkbox"/>	Layered clothing, including a swimsuit, water - wicking undershirt, light weight jacket, rain gear (optional)
<input type="checkbox"/>	Sun screen
<input type="checkbox"/>	Bug spray
<input type="checkbox"/>	Water bottle water
<input type="checkbox"/>	Water shoes (optional barefoot - your feet will get dirty and wet)
<input type="checkbox"/>	Small backpack or bag to carry water, snacks, rain gear, and extra clothing
<input type="checkbox"/>	Towel / Travel Yoga Mat (must be able to fit into kayak)

